

Sacramento Tree Foundation: Plant a Tree, Grow a Community



Mission:



**To grow healthy, livable
communities in the Sacramento
region by building the best urban
forest in the nation.**

Why Trees?



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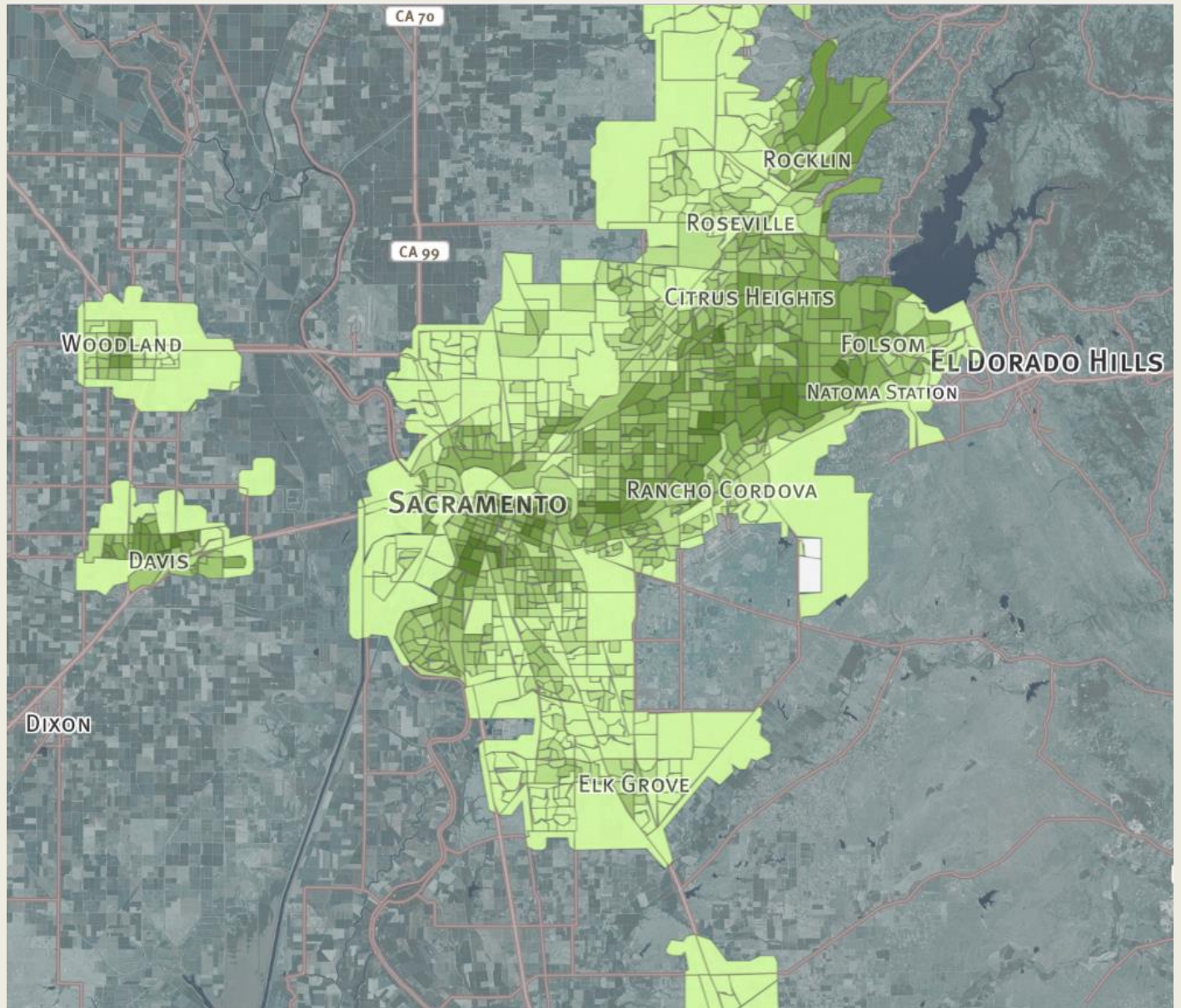
GreenRx 10% More Tree Cover

What health differences do we see?

Adult Health Measure	Improvement
Overweight/obese	-19%
Type 2 diabetes	-19%
Current asthma	-10%
High blood pressure	-7%
General Health	+3%
Social Cohesion	+1%

Source: J Ulmer et al, Multiple health benefits of urban tree canopy, *Health & Place*
More Info on GreenRx: <http://www.sactree.com/greenrx>

Canopy Analysis



A young tree with autumn-colored leaves in the foreground and a grassy field with trees in the background.

Programs: From Seed to Second Life

Seed to Seedling



Restoration



Sacramento Shade



Community Plantings



NeighborWoods



Save The Elms Program (STEP)



Urban Wood Rescue



URBAN WOOD RESCUE
— Sacramento Tree Foundation —



Impact

20,000 trees planted;
10,000+ lives touched *each*
year





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