Sacramento Tree Foundation: Plant a Tree, Grow a Community
Mission:

To grow healthy, livable communities in the Sacramento region by building the best urban forest in the nation.
Why Trees?
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GreenRx 10% More Tree Cover
What health differences do we see?

<table>
<thead>
<tr>
<th>Adult Health Measure</th>
<th>Improvement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overweight/obese</td>
<td>-19%</td>
</tr>
<tr>
<td>Type 2 diabetes</td>
<td>-19%</td>
</tr>
<tr>
<td>Current asthma</td>
<td>-10%</td>
</tr>
<tr>
<td>High blood pressure</td>
<td>-7%</td>
</tr>
<tr>
<td>General Health</td>
<td>+3%</td>
</tr>
<tr>
<td>Social Cohesion</td>
<td>+1%</td>
</tr>
</tbody>
</table>

Source: J Ulmer et al, Multiple health benefits of urban tree canopy, Health & Place
More Info on GreenRx: http://www.sactree.com/greenrx
Canopy Analysis
Programs: From Seed to Second Life
Seed to Seedling
Save The Elms Program (STEP)
20,000 trees planted; 10,000+ lives touched each year
Welcome to SACRAMENTO
CITY OF TREES

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